

Adrienne Panter, PsyD., LPC

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Education

Doctorate of Clinical Psychology University of the Rockies Denver, CO	October, 2017
Master of Arts, Clinical Psychology University of the Rockies Colorado Springs, CO	June, 2012
Bachelor of Arts, Music Humboldt State University, Arcata, CA	May, 2001
Bachelor of Arts, Outdoor Recreation Leadership Humboldt State University, Arcata, CA	May, 1995
<ul style="list-style-type: none">National Outdoor Leadership School (NOLS) Spring semester in the Rockies 1995	

Clinical Experience/Training

Clinical Practice, Durango and Pagosa Springs, CO 9/2014–present

Private Practice: Clinical Supervisors: Deborah Parker, PhD, and Ed Cotgageorge, PhD, ABN. Worked under clinical supervision as an LPCC through 12/15, and independently as a Licensed Professional Counselor (LPC) since 1/16, and as a Licensed Psychologist since 5/19.

Areas of clinical training/expertise

- Psychological/Neuropsychological Assessment
- EMDR/ Trauma therapy
- Bio/Neurofeedback
- Hypnosis
- Behavioral pain management
- Transpersonal Psychology

Clinical and Neuropsychological Assessment: Professional collaboration with board certified neuropsychologist utilizing telemedicine to provide a range of psychological testing services to clients in the Four Corners. Assessments include; mental competency evaluations for individuals with dementia or intellectual disabilities, court ordered parenting capacity evaluations, PTSD

screening, social security disability evaluations, measurement of neuropsychological impairment in children with fetal alcohol syndrome, IQ/achievement testing for IEP academic planning, child attachment, diagnostic assessment of affective, personality, and developmental disorders including bipolar, anxiety, somatic, depression, autism, attention deficit disorders, etc.

Durango Psychological Associates, Durango, CO

9/2014-9/2015

Pre-doctoral Internship: Clinical Supervisor, Ed C. Cotgedge, PhD, ABN.

2000 hour pre-doctoral internship training in private neuropsychology practice. Focused clinical training and in psychological and neuropsychological assessment, neuro-feedback, and psychotherapy for children through elderly adults from diverse backgrounds.

Elk Mountain Psychology Group, Pagosa Springs, CO

1/2011-8/2014

Student Therapist: Clinical supervisor, Deborah Parker, PhD, clinical psychologist.

1500 hour practicum: Training and direct clinical experience providing psychotherapy and assessment in a rural private practice, with adolescents and adults of diverse ages and backgrounds.

EMDR Institute sponsored basic training

8/2012-2/2013

- Completed 2 part EMDR basic training through EMDR Institute
- Monthly EMDR group supervision in Durango, CO from 2/2013 to 5/2014

Pirate Achievement Center, Pagosa Springs High School, CO

9/2012-6/2013

Practicum Intern/Student Mentor, Program Supervisor, Stewart Bellina, LPC.

Mentored at risk high school students attending an experientially oriented drop out prevention program. Assisted students in accessing educational and career counseling resources. Helped students create workable plans for life after graduation. Volunteered as guide and chaperone alongside faculty on experiential education based backpacking, whitewater rafting, and camping trips. Led interactive team building and leadership activities designed to maximize peer support and enhance safety awareness and leave no trace practices.

Jicarilla Apache Behavioral Health, Dulce, NM.

1/2012-8/2012

Practicum Intern/Student Mentor: Clinical Supervisor, Marlene Velarde, LICW.

Collaborated with providers to organize and present outreach and prevention programs to Native American middle school students. Facilitated mandatory recovery based curriculum to adult male and female inmates in a tribal correctional facility.

Victims Assistance Services of Archuleta and La Plata Counties, CO

4/2013-2020

Psychotherapist: Clinical supervisor (pre-licensure), Deborah Parker, PhD.

Provide EMDR and other trauma focused therapy interventions for child and adult victim(s) of domestic violence and sexual assault.

Veterans Service Affairs Office of Archuleta County, CO

11/2012-2018

Psychotherapist: Clinical supervisor, Deborah Parker, PhD.

Provider of psychotherapy to military veterans and their spouses learning to cope with disability, PTSD and readjustment to civilian life.

Professional Presentations

Panter, Adrienne, (August 2018). *Flow States and Peak Experiences in the Grand Canyon, a Heuristic Exploration*. Presented at the Creativity and Madness Conference, sponsored by the American Institute of Medical Education; an APA accredited institute providing continuing education for mental health professionals, Santa Fe, NM.

Janna Henning, PsyD, Panter, Adrienne, PsyD, Wickrakamasera, Ian, PsyD, (2018). Symposium: *Humanistic Perspectives on Hypnotic Phenomena*. Adrienne Panter, PsyD: Flow States as Hypnotic Phenomenon in Extended Wilderness Encounters

Panter, Adrienne, (1/2018). *Coping with Life Transitions and Change*. Presented on behalf of employees of Stone Age Tools, Inc., Durango, CO, in partnership with Mines and Associates, an Employee Assistance Provider (EAP), who I am a provider for.

Panter, Adrienne, (2/2018). *Emotional IQ vs. IQ: The Emotional Intelligence Advantage*. Presented on behalf of employees of the Town of Pagosa Springs, CO, in partnership with Mines and Associates, an Employee Assistance Provider (EAP), who I am a provider for.

Panter, Adrienne, (2/2018). *Enhancing Emotional Resilience*. Presented on behalf of employees of the Town of Pagosa Springs, CO, in partnership with Mines and Associates, an Employee Assistance Provider (EAP), who I am a provider for.

Bellina, S., Kurz, J.D., Nasralles, D. Panter, A., (June 2013). *Expanded Learning Opportunities*. Experiential education workshop presented at the “Growing Together Showcase: Building Systems of Support” conference sponsored by The Colorado Legacy Foundation, Fort Lewis College, Durango, CO.

Panter, Adrienne, (August 2012). *Dissociative Identity Disorder in the Movie “Fight Club”*. Presented at the Creativity and Madness Conference, sponsored by the American Institute of Medical Education; an APA accredited institute providing continuing education for mental health professionals, Santa Fe, NM.

Research Experience

Dissertation: Flow States and Peak Experiences in the Grand Canyon, a Heuristical Exploration. October, 2017.

Teaching Experience

Pirate Achievement Center, Pagosa Springs High School, CO 9/2012-6/2013

- Co-facilitated Social Responsibility Training (SRT), a Dialectical Behavior Therapy (DBT), based semester long course for at risk students. Mentored and tutored students struggling to successfully complete high school graduation requirements.

Jicarilla Apache Reservation, Dulce, NM 1/2012-8/2012

- Jicarilla Tribal Correctional Facility: Facilitated mandated, weekly recovery oriented classes to adult male and female inmates.
- Jicarilla Middle School: Assisted in facilitating a prevention program with middle school students titled "Teen Dating Violence Prevention".

Canyon Rio Outfitters, Flagstaff, AZ 5/2002-7/2013

- Trip leader, educator, and rafting guide on experiential education chartered river trips for school groups (grades 7-12). Single and multi day river trips on the lower and upper San Juan river in CO, UT and AZ, and the Chama River in northern NM. Emphasized wilderness and river safety, positive peer relationships, leave no trace camping ethics and practices, and natural and human history. Serving rural and urban students from private, public and public charter schools representing populations from diverse socioeconomic and cultural backgrounds.

Archuleta County Education Center, Pagosa Springs, CO 1/2002-6/2003

- Taught after school enrichment classes in science, art and nature to elementary and middle school students.

Electric Raft Company, Arcata, CA 5/1995-9/1995

- Undergraduate summer internship. Responsibilities included facilitating and guiding an approximately month long outdoor adventure camp for males aged 12-24 with hemophilia. Outdoor activities included rock climbing, whitewater rafting, hiking and camping. Experiential orientation focused on team building, maximizing safety, and peer support in pursuit of optimal experiences.

Employment Experience

Psychologist (PsyD) 5/2019-present

- Private Practice
- Licensed clinical psychologist providing psychological assessment and psychotherapy to clients in the 4 corners region.

Psychology Candidate (PSYC) 10/2018-5/2019

- Post doctoral training and practice providing comprehensive neuropsychological and psychological assessment in Durango, CO. Clinical supervisor: Ed Cotgedgeorge, PhD, ABN
- Post doctoral training and practice providing psychotherapy and assessment to children-elderly in Pagosa Springs, CO. Clinical supervisor: Deborah Parker, PhD

Licensed Professional Counselor (LPC)

- Private Practice 8/2015-present
- Licensed Professional Counselor providing psychotherapy to clients in the Four Corners

Durango Psychological Associates

8/2014-8/2015

- 2000 hour pre-doctoral internship in clinical psychology with a private neuropsychology practice.

Elk Mountain Psychology Group

2012-2014

- Registered Psychotherapist under supervision of licensed psychologist

The American Institute of Medical Education (non-profit, 501c3 organization) 1999-2015

- Conference host, travel guide and business liaison on domestic and international conferences providing continuing education to mental health professionals.

Canyon REO

2002-2018

- Utah Guide 1 licensed trip leader and river guide on multi day educational and recreational wilderness river trips.

Nearly New Construction, owner/operator

2004-2012

- Purchased, remodeled, and rented and/or sold residential properties in Pagosa Springs, CO

Metal Fabrication/Welder/Jeweler

1999-2013

- Studio artist: gas and arc welding, metal and mixed media sculpture jeweler

Affiliations and certifications

CO Psychologist PSY.00005030	2019
CO Licensed Professional Counselor, LPC.0012827	2016
American Society of Clinical Hypnosis	since 2018
Colorado Registered Unlicensed Psychotherapist	2010-2015
Golden Key Society Member	since 2012
American Psychological Association	since 2010
EMDR Basic Training	2012 Wilderness
First Responder (WFR), WMI	since 1995
Utah Guide 1 Captains License	1995-2015
National Outdoor Leadership School (Alumni)	since 1995
American Institute of Medical Education (AIMED) board member	since 2005

